



## Introduction to PowerWithinUs

PowerWithinUs' mission is to improve lives and businesses by allowing individuals, couples, families, executives and employees to recognize their true potential. PowerWithinUs students discover what really giving 100% feels like; just as important, they are given the opportunity (and the tools) to develop a 5-10 year vision.

Power Training is an intimate and unique two-day course that is designed to transform individuals, revolutionize business and last a lifetime. Classes consist of 20 to 35 participants with 2 to 4 trainers; who, over two days, walk participants through a series of modules designed to help them and the business they represent achieve their greatest potential. Students will create a 5 to 10 year vision that focuses on financial, physical, family, professional, emotional and spiritual areas of their life. Most importantly, they will learn how to fight for that vision.

## What can Power Training do for you?

That depends on you! If you are prepared to give 100% of your focus and heart; your life will change. You will learn how to set goals, how to show true passion, how to lead, how to follow, how to give and receive feedback and how to be positive. But mostly you will learn how to overcome obstacles.

Power Training is about setting goals and writing down your specific 5 to 10 year vision. You will learn how to determine that vision and how to measure milestones as you approach your vision.

You will learn how to fight for your vision.

## What can Power Training do for your business?

Power Training will create a new culture within your business. If your business thrives on goal-setting, feedback, accountability and holding yourself to higher standards (or if you *want* those things) Power Training is a perfect fit. Graduates learn a new language that can be easily incorporated into daily business. Power Training will teach your employees how to correctly give feedback, give 100% and eliminate all distractions. When a company decides to use Power Training they see the results in all areas, from employee morale to communication and productivity, Power Training makes a difference.

"Training at a superior level of authenticity and facilitation. Exceptional material, delivery and process. Attendees free themselves of sub-par expression and self-motivation while gaining trust in others and themselves. This would be an excellent launch to any company wishing to define and create a culture."

- Mr. Sherman, past participant, and business owner.